

## Incredible Family Activities

### Family Activities

- Make s'mores and tell stories around a camp fire or the Barbeque Grill, if its raining use the microwave (or fondue pot) and gather around the dinning table.
- Get out the family photo albums and watch home movies.
- Go for a family bike ride.
- Shoot hoops together.
- Have a family Game night.
- Invite another family over for a game night or dinner/movie.
- Go get ice cream cones and walk around the park.
- Learn to play the guitar or another musical instrument together.
- Listen to classical music, lights off, lying on the floor, and take turns saying what it sounds like.
- Go ice skating or roller skating.
- Paint a picture or mural for a room.
- Learn how to use a compass.
- Plant a tree or some flowers.
- Go swimming.
- Make miniature boats and float them in some water.
- Ride the MAX to Portland and explore the city.
- Pick berries/fruit together
- Bake cookies or bread.
- Make homemade jam.
- Plant a garden.
- Join a family choir.
- Start a family journal.
- Go to a museum.
- Take a nature hike.
- Play cards.
- Start a family exercise group.
- Sing (in the car).
- Visit a local bookstore or library.
- Make crafts together. Give them away.
- Make Christmas ornaments together.
- Write a story together.
- Put a sleeping bag out in the back yard and watch the night sky through binoculars.
- Go fishing.
- Play touch football.
- Go geocaching.
- Do a room makeover in your house.

### **Service Activities**

- Make up a play or practice a song or two to take to your local nursing home.
- Write letters to grandparents or a missionary.
- Organize a community clean-up.
- Walk or wash the neighbor's dog.
- Make treats for neighbors and friends.
- Treat a single mom to a manicure and offer to babysit.
- Prepare and deliver a meal for a family.
- Create a family movie night basket for another family including a movie and snacks.
- Volunteer together at Bridgetown Ministries or NWCO.
- Help a neighbor with yard clean up.
- Make get well cards for someone who is sick.
- Make thank you cards for people who serve your family for instance, a bus driver, a teacher, a good family friend, a doctor, a life group host, a nursery or youth volunteer, or a babysitter.
- Drop off a treat basket with store bought goodies at your local firehouse or police station with a thank you note.
- Go through the house and collect mildly used clothes and toys for NWCO.
- Make appreciation gifts for the people who work in your child's school office.
- Clean a neighbor's gutters and wash the outside window pains.
- Find a friend or neighbor who needs a break, and offer to babysit, dog walk or tend to their garden for a few hours while they put their feet up and relax.

### **Date Night Activities**

- Attend community concerts or listen to a local band.
- Take a picnic to a park or if it's raining eat at a mall food court.
- Go to dinner and a movie. (Blast from the Past: Dinner at Gem 100 and Drive-In on 99 W in Newberg.)
- Go for a walk in the park or if it's raining walk the mall.
- Picnic at the Rose Gardens or a local park.
- Walk the Marquam Nature Park, or the Tualatin River Valley Refuge or any of the many parks in the Portland area.
- Visit a local chocolate shop or coffee shop.
- Order in pizza and watch a movie or sports event.
- Go to a local high school, college or university event together, such as a homecoming game, or an art show.
- Visit a local historical site or building, like Pittock Mansion.
- Go to the library and pick out a how-to video (or take lessons!) for the two of you to learn a new skill together such as dancing, cooking, or playing a musical instrument.
- Play a set of tennis, jog in the park, toss a Frisbee about, play catch with a baseball or football or shoot some baskets.
- Visit a museum.